

DECEMBER 2019

Riverhead Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CHICKEN CORDON BLEU SWEET POTATO SPINACH	3 STUFFED PEPPERS RICE ZUCCHINI	4 L.S. HAM & SWISS ON A BUN COLESLAW CUKE /TOMATO SALAD	5 SHEPHERD'S PIE MASHED POTATO PEAS & CARROTS	6 POTATO CRUSTED COD CORN BRUSSEL SPROUTS
9 FRENCH ONION CHICKEN WILD RICE BROCCOLI	10 L.S. HAM STEAK SWEET POTATO ASPARAGUS	11 CHICKEN SALAD OVER ROMAINE 3 BEAN SALAD PASTA SALAD	12 SWEDISH MEATBALLS EGG NOODLES STRING BEANS	<u>13</u> <i>CHRISTMAS PARTY</i> <i>11:30 TO 2:30</i>
16 CHICKEN MARSALA PENNE PASTA CAULIFLOWER	17 SAUSAGE & PEPPERS RICE SNAP PEAS	18 L.S. TURKEY & SWISS ON WHEAT BEET SALAD ROMAINE SALAD W/ V&O	19 BEEF STEW POTATO MIXED VEGETABLE	20 KRABBY CAKE SUCCOTASH OKRA W/ TOMATO
23 SWEET & SOUR CHICKEN RED POTATO BRUSSEL SPROUTS	24 HOT TURKEY W/ GRAVY MASHED POTATO SPINACH	25 <i>CHRISTMAS DAY</i> <i>CENTER CLOSED</i>	26 MEATLOAF MASHED POTATO ZUCCHINI	27 SHRIMP SCAMPI EGG NOODLES BROCCOLI
30 OVEN FRIED CHICKEN ROASTED POTATO COLLARD GREENS	31 CHICKEN PARMESAN PASTA ZUCCHINI			

MENU IS SUBJECT TO CHANGE AND MAY BE DIFFERENT FOR MEALS ON WHEELS